

Caythorpe Court PGL Residential

Tel: 0333 3212116



Y3: Mon 25th - Weds 27th April 2022

Y4: Weds 27th - Fri 29th April 2022

Accommodation Blocks



Allocated our own floor or block.
Keypad entry. All staff and children on the same floor.

Accommodation



- Each room sleeps 3 - 8



- Each room has en-suite facilities
- Each child will need a sleeping bag and pillow

Catering

Hot and cold meals with vegetarian options.

Home-made soup every day

Self-service salad bar

Fresh fruit with every meal

All specific dietary requirements are catered for (including allergies).

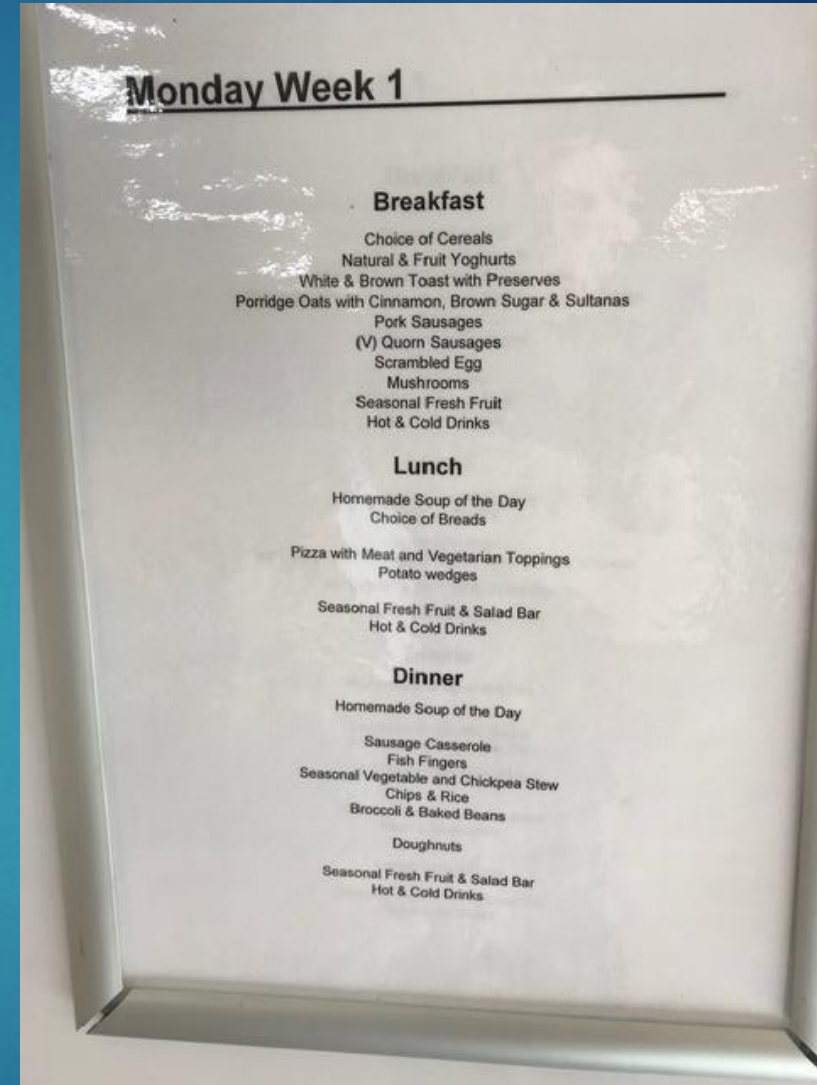
We must be informed of any dietary requirements prior to the visit



Catering



Children are encouraged to make their own decisions from the buffet selection



Catering

Sample menu...

WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Breakfast	Breakfast
Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Sausages (V) Quorn Sausages Hash Browns Tomatoes Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Bacon (V) Vegetable Sausages Scrambled Eggs Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Sausages (V) Quorn Sausages Hash Browns Mushrooms Seasonal Fresh Fruit Hot & Cold Drinks
Lunch	Lunch	Lunch
Homemade Soup of the Day Choice of Breads Fish Fingers or Vegetarian Sausage Rolls Served with Chips and Baked Beans Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Baguettes or Wraps served with Fillings & Crisps Choice of Meat & Vegetarian Fillings Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Meat or Vegetarian Burger served with a choice of Relishes Chips Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks
Dinner	Dinner	Dinner
Homemade Soup of the Day Chicken Tikka and Vegetable Curry Pork and Vegetable Chow Mein Noodles (V) Ricotta and Spinach Cannelloni Rice & Garlic Bread Peas & Carrots Seasonal Fresh Fruit & Salad Bar Apple Crumble with Custard Hot & Cold Drinks	Homemade Soup of the Day Meatballs in Tomato Sauce Beef Bolognese (V) Indian Sweet Potato & Dhal Pie Pasta and New Potatoes Cauliflower & Carrots Seasonal Fresh Fruit & Salad Bar Chocolate Crispy Hot & Cold Drinks	Homemade Soup of the Day Battered Fish Fillet with Lemon & Tartare Sauce Chicken Korma (V) Veggie Balls served with Tomato Sauce Chips or Rice Mixed Vegetables & Mushy Peas Seasonal Fresh Fruit & Salad Bar Angel Delight Hot & Cold Drinks

Security

- Gated entry from road
- Security key codes on all main doors
- First aid trained duty manager on-site throughout our stay
- All staff have been through an enhanced DBS check

Sample Day

Schedule	Activities
<u>07.00 - 09.00</u>	Get up, get ready and fuel up for the day ahead
09.15 - 12.30	Morning activities - usually 2 sessions with a 15 minute break in-between
12.30 - 14.00	Dry off & clean up. Time for a fresh & tasty two-course hot lunch
14.15 - 17.30	Afternoon activities - 2 exciting sessions with a 15 minute break in-between
18.00 - 19.00	Time to eat again - a different menu each day
19.00 - 21.00	Talent shows, campfires, quizzes and more. The evening entertainment programme keeps you laughing until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's and prepare to do it all over again tomorrow!

Risk assessment & safety

Risk assessments

The risk assessment summaries are generated from the formal risk assessment programme carried out by the senior management at each centre. All of our risk assessments are moderated centrally, to ensure continuity and consistency in approach.

Risk assessment and review ▲

All risk assessments are conducted at the start of each new season and are reviewed automatically after any significant change.

Such changes may be brought about by:

- a. Environmental change
- b. Personnel changes
- c. Client group change
- d. Any incident that may occur
- e. A development in the infrastructure of the centre

Inspection ▲

The risk assessment process we use has been inspected by our home enforcing authority and by the inspectorates of the **AALA** and **BAPA**.

COVID-safe protocols

What changes can I expect to see at PGL centres?

Our Safety and Standards Team have been working hard to make sure that we comply with government guidelines and can create the safest environment possible for you and your group.

Summary of changes implemented

Social distancing measures

- Signage
- Screens / social distancing measures at reception
- New arrivals procedures
- Use of PPE
- Revised room layouts
- Removal of furniture and other items

Enhanced hygiene measures

- Use of hand sanitisers
- Increased cleaning of frequently touched surfaces
- Not entering guest rooms to clean during a stay unless requested
- Increased hand washing routines
- Use of viricidal mist, deep clean treatments for all accommodation between stays when quarantine period not available
- Additional staff training

Reducing contact

- Staggered use times in our shops and dining rooms
- Maximum guest numbers set in communal spaces/rooms
- Encouraging guests to bring their own drinks bottles to use for refreshments

- ▶ [COVID Safe and Secure \(pgl.co.uk\)](https://pgl.co.uk)

- ▶ Guests - If a guest is displaying symptoms of the Covid-19 virus;
 - ▶ As per DfE guidance for schools, each case and situation will be assessed on an individual basis, but the primary action will be for the individual to return home for testing
 - ▶ They will immediately self-isolate to minimise any risk of transmission
 - ▶ The school/group will contact the individuals parents to arrange for collection

Activities on offer



Team building assault course

Activities on offer



Tunnels and caving

Activities on offer



All aboard, Jacob's ladder

Activities on offer



Low ropes

Activities on offer

Giant Swing



Activities on offer



Raft lake and Kayak lake

Activities on offer

Zip wire



Activities on offer



Fire Pit and woodland orienteering

Kit List

- Packed Lunch for first day lunch
- All clothes could get wet & muddy depending on the weather!
- Comfortable, sturdy footwear, including trainers.
- Tracksuit, t-shirts, sweatshirts (not wool).
- Waterproof jacket and trousers if possible.
- One change of clothes per day plus spares.
- Be aware... jeans **will stay wet for longer**.
- Towels, toiletries and plastic bags for wet clothes.
- Sleeping bag and pillow are required.

All safety equipment is provided by PGL
i.e. buoyancy aides, helmets, harnesses etc

How can you help?

- Prepare them
 - Look at their website (Google: “PGL Caythorpe primary”)
 - Sleepover with friends or family
- Discuss previous achievements and similar experiences
- Involve them in each step, including packing
- Encourage independence and organisation

Key information

- £2.50 (max) spending money
- Departure day – arrive in hall at school for 8:50am
 - Medication to named adult
 - Spending money to named adult
 - (named, sealed envelope)
- Arrival back at school will be confirmed but is expected to be earlier than 3:30 – collect early if you wish
- Further £40 before Friday 4th February 2022
- Balance of £145 by Friday 25th March 2022

Refund / cancellation

PGL have a 'Book with Confidence' Promise

- ▶ In the event of a COVID interruption to your travel arrangements, we will look to rearrange your trip and move all monies paid to a mutually agreeable future date. If no suitable alternative date can be found, we will waive any cancellation charges that would ordinarily be payable, and provide a full cash refund.
- ▶ Full cash refund protection is applicable to all monies paid and refunds will be made in the event that your trip is interrupted by COVID, including:
any Government-imposed lockdowns, regional or national, in either your place of origin or at the destination, that prevent your travel;
 - ▶ DfE guidance against school travel; and
 - ▶ inability to travel due to quarantine of the group, a paying group member or accompanying adult (where no replacement can be found), as a result of Government guidance.
- ▶ This applies to the whole group and also individuals who test positive within 14 days of travel

Thank you!

Any Questions?