

Earls Barton Primary School

Monday 20th – Friday 24th June 2022



School & group activity trips

Buddens Activity Centre

Who are Rockley?

- Rockley were established 1976
- We have 3 UK activity centres
- 3 activity centres in South-West France

Rockley also offer:

- RYA training and instructor courses
- Rockley College - L2 and L3 Diplomas in Sport and Outdoors
- Family holidays



Rockley and the Environment

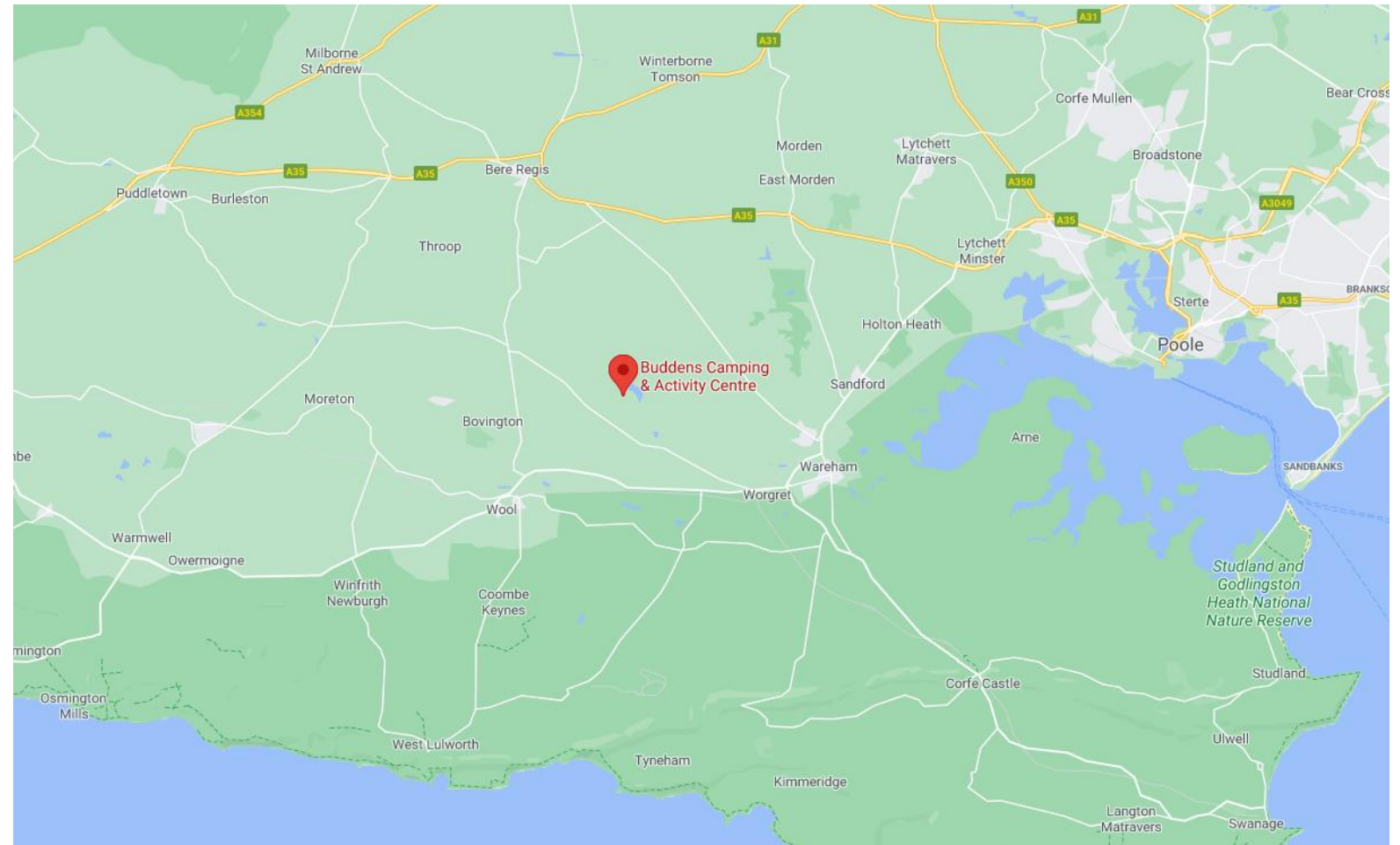
Rockley are making steps to conserve and preserve our environment.

- Using reusable coffee cups, water bottles and shopping bags
- Sending and storing information digitally- 'Going paperless' across our centres
- Replacing products with eco friendly alternatives
- Planning to save around 10,000 litres of fuel by utilising engine efficiency
- Organising beach cleans and cutting our waste



Location

Buddens Activity Centre lies in the heart of the historic and beautiful Isle of Purbeck and Jurassic Coast, boasting 96 acres of natural countryside, heathland, woodland and plantations. Buddens Activity Centre offers school groups the opportunity to explore the natural environment and take part in a once in a lifetime activity programme in a stunning setting.



What's Included

- 3 meals day
- Trip insurance via Endsleigh Insurance
- Full programme of activities
- Evening entertainments
- Accommodation
- All safety kit



Arrival at Centre

- Arrival at Buddens Activity Centre
- Welcome talk
 - Introduce Staff
 - Run through Centre Safety
- Orientation tour
- Lunch
- First activity



Accommodation

- Bell tent accommodation
- Real beds with mattress
- Toilet and shower block situated near to camp
- Each school has their own camp
- Each camp has their own marquee
- 96 acres to enjoy
- On-site catering



Sample Activity Programme



	Day 1	Day 2	Day 3	Day 4	Day 5
BREAKFAST					
AM SESSION		Bushcraft	Crate Stack	Bell Boating	Zip Wire
MORNING	Arrive and Welcome	Gauntlett High Ropes	Canoeing	Abseiling	Rifle Shooting
LUNCH	Buffet at Centre	Buffet at Centre	Buffet at Centre	Buffet at Centre	Buffet at Centre
AFTERNOON	Raft Building	Archery	Leap of Faith	Jacobs Ladder	Depart
PM SESSION	Stand Up Paddle Boarding	Tomahawk Throwing	Climbing Wall	Kayaking	
DINNER	Chilli and Nachos	Curry Night	Lasagne	BBQ Feast	
EVENING	Egg Drop/Fire Pit	Rockley Bingo/Fire pit	Wide Games/Fire Pit	Fire Pit - marshmallows and stories	

Day Out



Activity Safety

- AALS recognised centre
- Water activities – everyone wears a Buoyancy Aid
- All activity staff First Aid qualified
- All activities are lead by qualified instructors
- Equipment checked regularly by qualified staff
- Equipment records kept on PaperTrail
- Instructor : student ratios
- Activity safety equipment under guidance per activity
- Staff on duty 24 hours



Kit List

This is a guide of what to take with you. Please bear in mind the time of year and any particular personal requirements when packing for your activity trips.

- Waterproof sunblock (essential) factor 50
- Named sports drink bottle (essential)
- Land footwear - trainers/plimsolls suitable for dry/land activities
- Water footwear - old trainers/wetsuit shoes/plimsolls (ones you don't mind getting wet)
- Sunglasses (with glasses strap, also essential for spectacles)
- Lightweight, rainproof jacket (for the occasional shower and evenings)
- Long-sleeved top/t-shirt & tracksuit trousers/jogging bottoms (1 pair)
- Sweatshirt/jumper
- Shorts
- Jeans/long trousers (1 pair)
- Large, sturdy plastic bag for damp/dirty clothing
- Sleeping bag (essential)
- Pillow & pillow case (essential)
- Rash vest (optional)
- Insect repellent
- Sun hat
- Small torch and batteries
- Towels
- Pyjamas/nightwear
- Wash kit
- Underwear
- Plate, bowl and cutlery
- Wetsuit (optional)
- T-shirts

Have an AMAZING trip!



Rockley
Watersports



@rockley1976



@rockley1



rockleywatersports

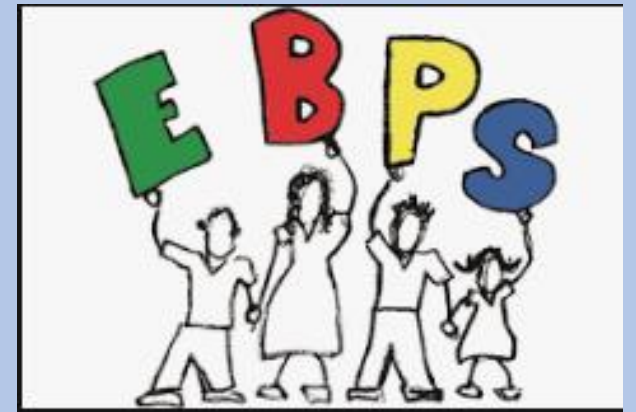
01202 677272

www.rockley.org/schools

adventure@rockley.org

Staffing

- A range of adults who will meet the needs of the children.
- Staff from the centre will lead the activities during the day however a member of staff will also be with each group.

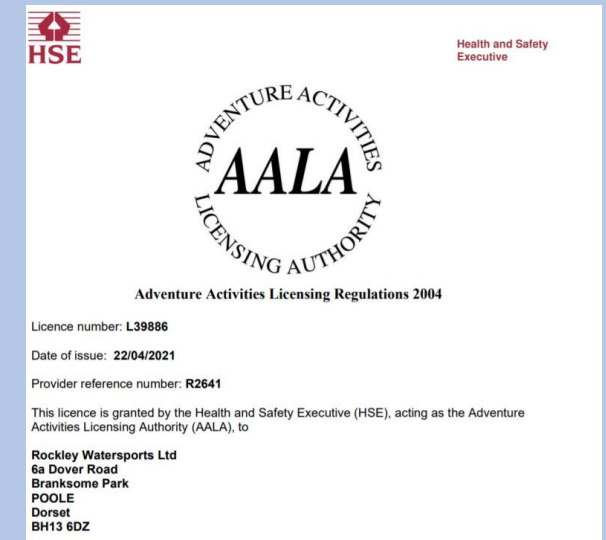


Risk assessment & safety



- The centre will provide the school with up to date risk assessments. These along with the ones from school will be authorised by an external Health and Safety Management Expert at least 4 weeks prior to the trip commencing.
- The centre itself operates within the guidance from OEAP (Outdoor Education Advisers Panel)

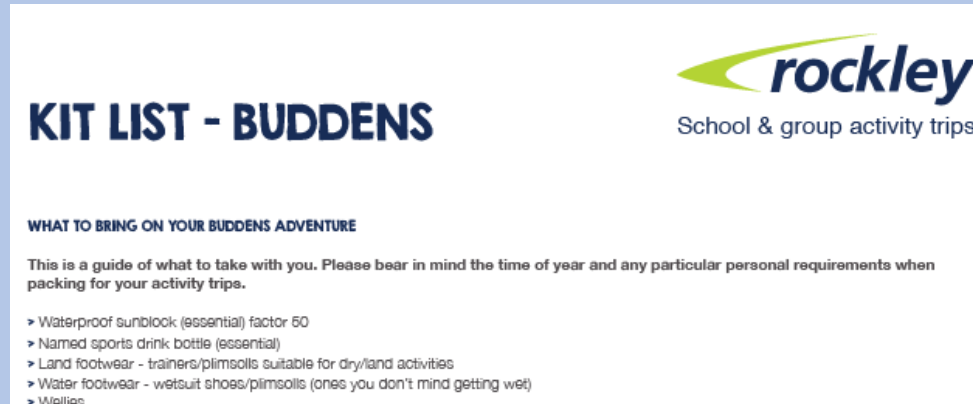
HAZARDS	RISKS	HOW IS THE RISK CONTROLLED?
1 Centre Activities		
1.1 Generic Water Activities Kayaking, Canoeing, Canoe Polo, Windsurfing, Dinghy Sailing, Catamaran Sailing, Day Sails, Raft Building, SUP, Mega SUP, Swimming Pool, Wake boarding / Water Skiing, Banana Boating, Powerboating, Pedalo, Water walkers, Inflatable obstacle course & any other hire of equipment.	General	Safety briefing given to all clients prior to starting any activity session. Group Leader & teachers/adults accompanying group are in 'loco parentis'. "Pupil Behaviour Charter" Rockley staff dynamically risk assessing during activity sessions.
	Dehydration	Drinking water is available at all centres. Bottles of water to be taken on session by clients & staff. Drinking water available at meal times.
	Sun Burn / Sunstroke	Clients advised to wear high factor, waterproof sun cream, hats, sunglasses etc & to cover up when necessary. Advise drinking plenty of water. Get out of sun when possible. Alertness of instructors to signs of sunburn and sunstroke.



Covid Guidelines and Compliance

- The centre is fully covid compliant and will adhere to the guidance that is in place at the time of our visit.
- In the unlikely event of a child developing Covid symptoms whilst we are away, they will be isolated from the rest of the group and the expectation is that parents will come and collect their child on the day of the call.

Packing List and other Forms



- We will provide you with an additional copy of the suggested Packing List closer to the time along with consent forms and medication forms
- The kit list is designed to give an idea of the kit the children will need to bring with them during their stay.
- We will be out and about in the great outdoors for much of our stay, so clothes that protect from the elements and that can get a bit muddy are recommended. All clothes must be suitable for purpose and as such, very short shorts, strappy tops and crop tops are not recommended.

Medication

- You will be provided with a medical form to complete and return to us before we travel. Please note it is double sided!
- We ask everyone to complete the part referring to Calpol so we do not have to contact you for a simple headache.
- All medication **MUST** be in the original box and clearly named with the label/directions on it. Please check all medication is in date. This includes Hayfever and Travel Sickness tablets.
- All medication will be collected prior to departure.
- If your child needs an inhaler we ask for you to send 2 inhalers. One for the child to carry with them at all times and one we can look after in case one gets lost. Please let us know if you are not happy for your child to carry their own medication.
- Forms will be available on the day we leave for any medication, which has been prescribed over the weekend.



Do NOT bring:

- Any electrical items as there are no charging facilities for children.
- Any battery-operated games. A small torch is recommended.
- Any items found will be confiscated until return to school.

Tents

The children will be asked to give us a list of 3 or 4 children who they would like to be in a room or a group with. We will then endeavour to see that they are with at least 1 of their choices.



Dining Tent and General Tent

Breakfast, lunch and dinner are provided Tuesday – Thursday. With lunch and dinner being provided on Monday and breakfast and lunch being provided on Friday.

All food is cooked fresh in full industrial kitchen on site.

We also have our own tent which we can use between activities in the event of wet weather.



How can you help?

- Prepare them by looking at their website – link sent out on residential letter or google – Buddens Activity Centre
- Discuss previous achievements and similar experiences
- Involve them in each step.
- Encourage independence and organisation
- Teach your child to put on a pillow case and put their sleeping bag back in its bag.
- Ensure they can apply sun cream effectively
- Encourage them to try different food
- Make sure they can use a knife and fork properly and wash up!
- Make sure they are involved in packing their clothes, so they know what items are theirs, where things are in their suitcases and how to pack to come home. They are expected to carry their own suitcase to and from their accommodation.

Behaviour

- We expect the same standards of behaviour while we are away to the ones we have in school.
- Whilst we are away, we will continue to follow the Good to be Green system. The children will be warned if their behaviour is unacceptable the first time; if it continues then they will be given a blue card. If they do not change their behaviour, they will be given a yellow or red card and moved away from the activity they are doing for a set period of time. You will be contacted if your child's behaviour results in a card being given.



Key information

- Departure day – arrive at school at approximately 7:00am. This will be confirmed closer to the departure date.
- Arrival back at school will be confirmed but is expected to be around 6:30pm
- We have requested an expression of interest by the end of **Monday 11th October** to allow us to confirm coach bookings and provide an accurate final total. The final date for payment of the deposit is 4pm on **Friday 15th October**.
- Once the deposit has been paid, we will send a payment schedule for the remaining balance, which must be paid in full by **Friday 8th April 2021**.
- We are hoping to run some fundraising events to help towards the cost of this residential.

Refund / cancellation

- If the trip cannot happen due to government covid restrictions, then a full refund will be issued.
- If a person, pupil or adult, tests positive on a PCR test prior to arrival, then the individual will receive a full refund.

Thank you!

Any Questions?