

KIT LIST - BUDDENS

WHAT TO BRING ON YOUR BUDDENS ADVENTURE



School & group activity trips

This is a guide of what to take with you. Please bear in mind the time of year and any particular personal requirements when packing for your activity trips.

- > Waterproof sunblock (essential) factor 50
- > Named sports drink bottle (essential)
- > Land footwear - trainers/plimsolls suitable for dry/land activities and comfortable enough to complete coastal walk
- > Water footwear - wetsuit shoes/old trainers (ones you don't mind getting wet)
- > Wellies (only needed if the weather has been/is very wet)
- > Slip-on shoes/sliders/croc style footwear for showers/walking around camp (optional – but these will NOT be able to be worn for water sports)
- > Sunglasses
- > Lightweight, rainproof jacket (for the occasional shower)
- > Warm coat (for inclement weather only)
- > Long-sleeved tops/t-shirts & tracksuit trousers/jogging bottoms
- > Warm pyjamas (it will be cold at night so a onesie/extra blanket might also be a good idea)
- > Tee shirts
- > Sweatshirt/jumper x 2
- > Shorts
- > Jeans/long trousers
- > Large, sturdy plastic bag for damp/dirty clothing
- > Sleeping bag (essential)
- > Pillow & pillow case (essential)
- > Insect repellent (optional)
- > Sun hat (essential – instructors will insist on a hat for water sports)
- > Small torch and batteries (essential)
- > Towels x 2 (1 for water sports/one for showering)
- > Wash kit (no aerosols allowed on site)
- > Underwear
- > Wetsuit or extra old clothes for water activities

PACKING

When packing for your trip we advise you use a soft bag/holdall no larger than 100cm x 40cm x 50cm. If you are packing your sleeping bag separately, please use a strong, clearly labelled plastic bag. **Please label ALL of your belongings.**

DO NOT FORGET

- > Label ALL clothing & belongings
- > All medication must be labelled & named and handed to an adult on Monday morning

REMEMBER

- > No valuables or mobile phones
- > No jewellery except stud earrings
- > Do not bring expensive clothing!