

Caythorpe Court PGL Residential



Wed 24th to Fri 26th May 2023

Accommodation Blocks



Allocated our own floor or block.
Keypad entry. All staff and children on the same floor.

Accommodation



- Each room sleeps 4 or 6



- Each room has ensuite facilities
- Each child will need a sleeping bag and pillow

Catering

Hot and cold meals with
vegetarian options.
Home made soup everyday
Self service salad bar
Fresh fruit with every meal

All specific dietary requirements
are catered for (including
allergies).

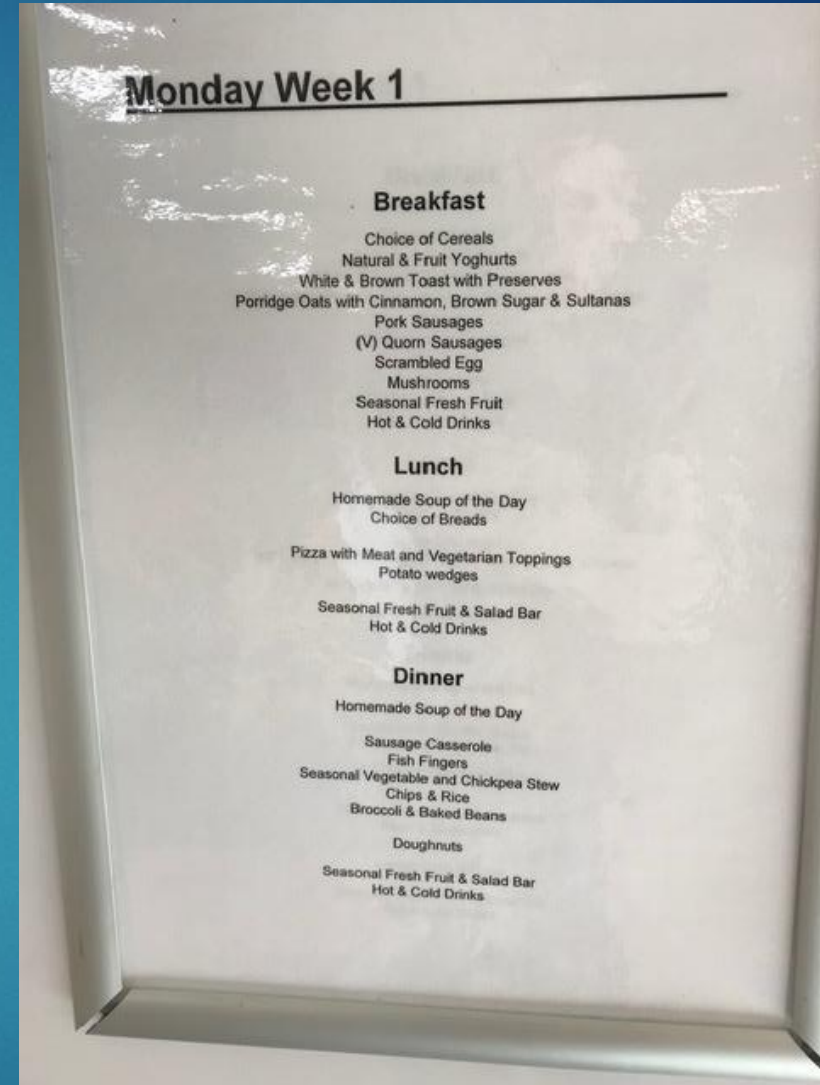
We must be informed of any
dietary requirements prior to the
visit



Catering



Children are encouraged to make their own decisions from the buffet selection



Catering

Sample menu...

WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Breakfast	Breakfast
Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Sausages (V) Quorn Sausages Hash Browns Tomatoes Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Bacon (V) Vegetable Sausages Scrambled Eggs Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Sausages (V) Quorn Sausages Hash Browns Mushrooms Seasonal Fresh Fruit Hot & Cold Drinks
Lunch	Lunch	Lunch
Homemade Soup of the Day Choice of Breads Fish Fingers or Vegetarian Sausage Rolls Served with Chips and Baked Beans Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Baguettes or Wraps served with Fillings & Crisps Choice of Meat & Vegetarian Fillings Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Meat or Vegetarian Burger served with a choice of Relishes Chips Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks
Dinner	Dinner	Dinner
Homemade Soup of the Day Chicken Tikka and Vegetable Curry Pork and Vegetable Chow Mein Noodles (V) Ricotta and Spinach Cannelloni Rice & Garlic Bread Peas & Carrots Seasonal Fresh Fruit & Salad Bar Apple Crumble with Custard Hot & Cold Drinks	Homemade Soup of the Day Meatballs in Tomato Sauce Beef Bolognese (V) Indian Sweet Potato & Dhal Pie Pasta and New Potatoes Cauliflower & Carrots Seasonal Fresh Fruit & Salad Bar Chocolate Crispy Hot & Cold Drinks	Homemade Soup of the Day Battered Fish Fillet with Lemon & Tartare Sauce Chicken Korma (V) Veggie Balls served with Tomato Sauce Chips or Rice Mixed Vegetables & Mushy Peas Seasonal Fresh Fruit & Salad Bar Angel Delight Hot & Cold Drinks

Security

- Gated entry from road
- Security key codes on all main doors
- First aid trained duty manager on site throughout your stay
- All staff have been through an enhanced DBS check

Sample Day

Schedule	Activities
<u>07.00 - 09.00</u>	Get up, get ready and fuel up for the day ahead
09.15 - 12.30	Morning activities - usually 2 sessions with a 15 minute break in-between
12.30 - 14.00	Dry off & clean up. Time for a fresh & tasty two-course hot lunch
14.15 - 17.30	Afternoon activities - 2 exciting sessions with a 15 minute break in-between
18.00 - 19.00	Time to eat again - a different menu each day
19.00 - 21.00	Talent shows, campfires, quizzes and more. The evening entertainment programme keeps you laughing until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's and prepare to do it all over again tomorrow!

Risk assessment & safety

Risk assessments

The risk assessment summaries are generated from the formal risk assessment programme carried out by the senior management at each centre. All of our risk assessments are moderated centrally, to ensure continuity and consistency in approach.

Risk assessment and review

All risk assessments are conducted at the start of each new season and are reviewed automatically after any significant change.

Such changes may be brought about by:

- a. Environmental change
- b. Personnel changes
- c. Client group change
- d. Any incident that may occur
- e. A development in the infrastructure of the centre

Inspection

The risk assessment process we use has been inspected by our home enforcing authority and by the inspectorates of the **AALA** and **BAPA**.

Activities on offer



Team building assault course

Activities on offer



All aboard, Jacobs ladder

Activities on offer



Giant Swing

Activities on offer



Raft lake



Activities on offer

Zip wire



Activities on offer



Fire Pit and woodland orienteering

Kit List

- Pack Lunch for first day lunch
- All clothes could get wet & muddy depending on the weather!
- Comfortable, sturdy footwear, including trainers.
- Tracksuit, t-shirts, sweatshirts (not wool).
- Waterproof jacket and trousers if possible.
- One change of clothes per day plus spares.
- Ideally no jeans... jeans **will stay wet for longer.**
- Towels, toiletries and plastic bags for wet clothes.
- Sleeping bag and pillow are required.

All safety equipment is provided by PGL
i.e. buoyancy aides, helmets, harnesses etc

Key information

- £2.50 (max) spending money (named envelope)
- 24th May – arrive in hall at school for 8:50am
 - Medication to Mrs Smart or Mr Stockham
 - Spending money to Mrs Stanton (named, sealed envelope)
- 26th May – ETA 3:00pm, Parentmail Text will keep you informed. Collect early if you wish
- Payment of balance before 10th March

How can you help?

- Prepare them
 - Look at their website (Google: “PGL Caythorpe primary”)
 - Sleepover with friends or family
- Discuss previous achievements and similar experiences
- Involve them in each step, including packing
- Encourage independence and organisation



Connect to Seesaw to receive important updates from Caythorpe2023 and J Stockham in Caythorpe.

Your child will post to Seesaw to share their learning with you.

Teachers will also send you messages and reminders.

Seesaw is private. You'll only see posts created by your child or their teacher.

Choose your child's name at the link below:

<https://app.seesaw.me/s/565-466-400>

Or alternatively, sign in and click “+Add Child's Jornal” and scan your child's QR code which you can collect before you leave.

Thank you!

Any Questions?

Reminders:

- Remaining balance – 10th March (this Friday!)