

Earls Barton Primary School

Monday 26th – Friday 30th June 2022



School & group activity trips

Buddens Activity Centre

Who are Rockley?

- Rockley were established 1976
- They have 3 UK activity centres
- 3 activity centres in South-West France

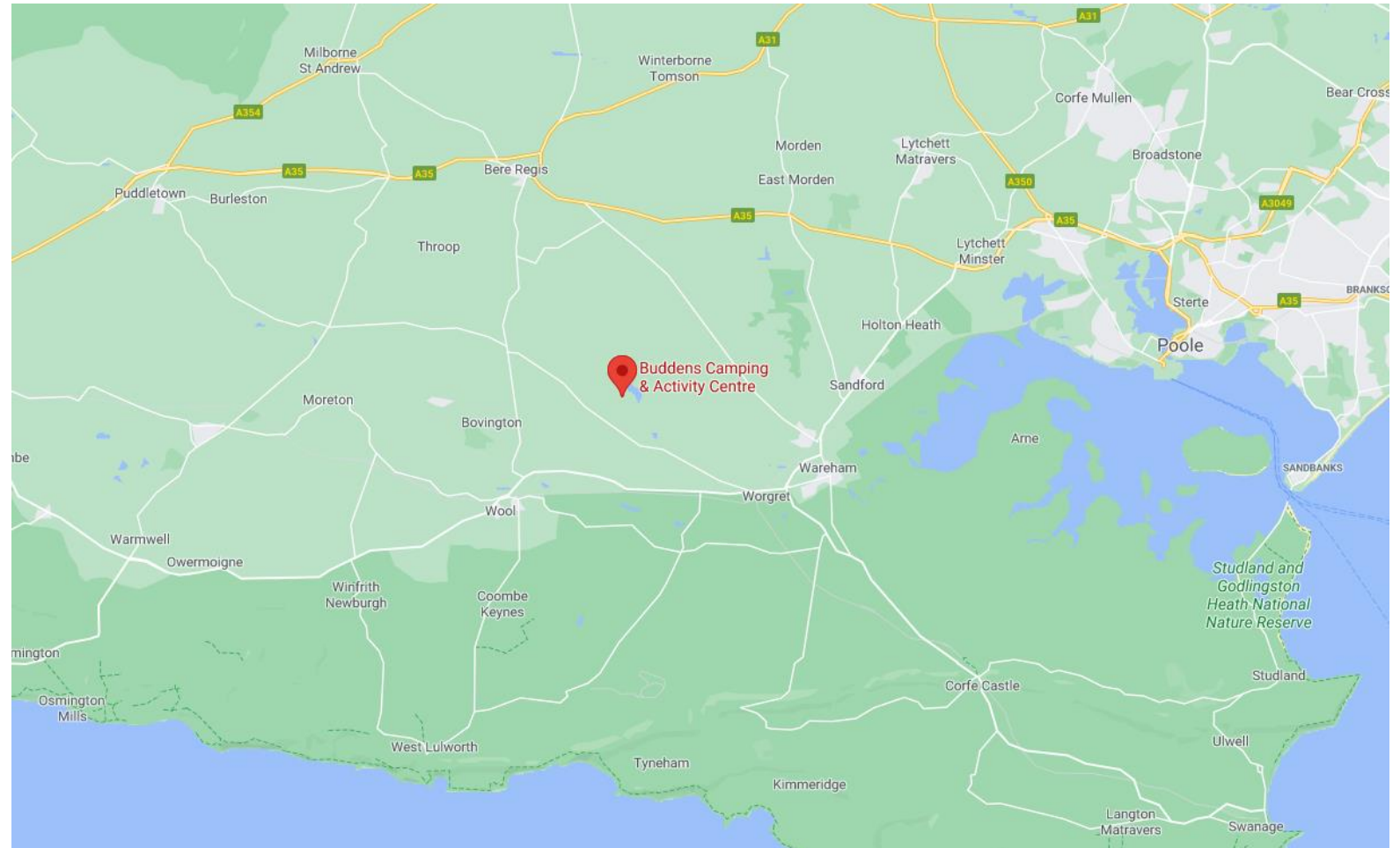
Rockley also offer:

- RYA training and instructor courses
- Rockley College - L2 and L3 Diplomas in Sport and Outdoors
- Family holidays



Location

Buddens Activity Centre lies in the heart of the historic and beautiful Isle of Purbeck and Jurassic Coast, boasting 96 acres of natural countryside, heathland, woodland and plantations. Buddens Activity Centre offers school groups the opportunity to explore the natural environment and take part in a once in a lifetime activity programme in a stunning setting.



What's Included

- 3 meals day
- Trip insurance via Endsleigh Insurance
- Full programme of activities
- Evening entertainments
- Accommodation
- All safety kit



Arrival at Centre

- Arrival at Buddens Activity Centre
- Welcome talk
 - Introduce Staff
 - Run through Centre Safety
- Orientation tour
- First activity



Accommodation

- Bell tent accommodation
- Real beds with mattress
- Toilet and shower block situated near to camp
- Each school has their own camp
- Each camp has their own marquee
- 96 acres to enjoy
- On-site catering



Sample Activity Programme



	Day 1	Day 2	Day 3	Day 4	Day 5
BREAKFAST					
AM SESSION		Bushcraft	Crate Stack	Bell Boating	Zip Wire
MORNING	Arrive and Welcome	Gauntlett High Ropes	Canoeing	Abseiling	Rifle Shooting
LUNCH	Buffet at Centre	Buffet at Centre	Buffet at Centre	Buffet at Centre	Buffet at Centre
AFTERNOON	Raft Building	Archery	Leap of Faith	Jacobs Ladder	Depart
PM SESSION	Stand Up Paddle Boarding	Tomahawk Throwing	Climbing Wall	Kayaking	
DINNER	Chilli and Nachos	Curry Night	Lasagne	BBQ Feast	
EVENING	Egg Drop/Fire Pit	Rockley Bingo/Fire pit	Wide Games/Fire Pit	Fire Pit - marshmallows and stories	

Day Out



Activity Safety

- AALS recognised centre
- Water activities – everyone wears a Buoyancy Aid
- All activity staff First Aid qualified
- All activities are lead by qualified instructors
- Equipment checked regularly by qualified staff
- Equipment records kept on PaperTrail
- Instructor : student ratios
- Activity safety equipment under guidance per activity
- Staff on duty 24 hours



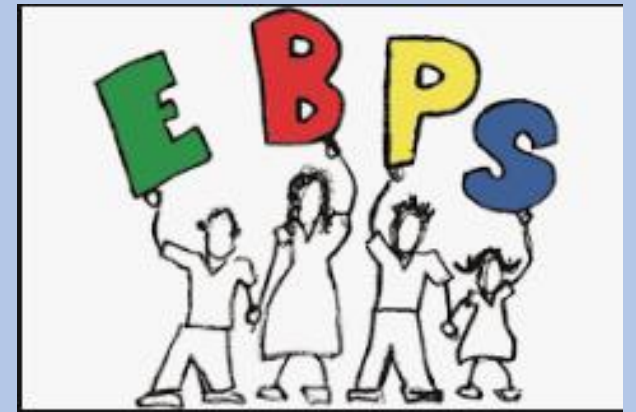
Kit List

This is a guide of what to take with you. Please bear in mind the time of year and any particular personal requirements when packing for your activity trips.

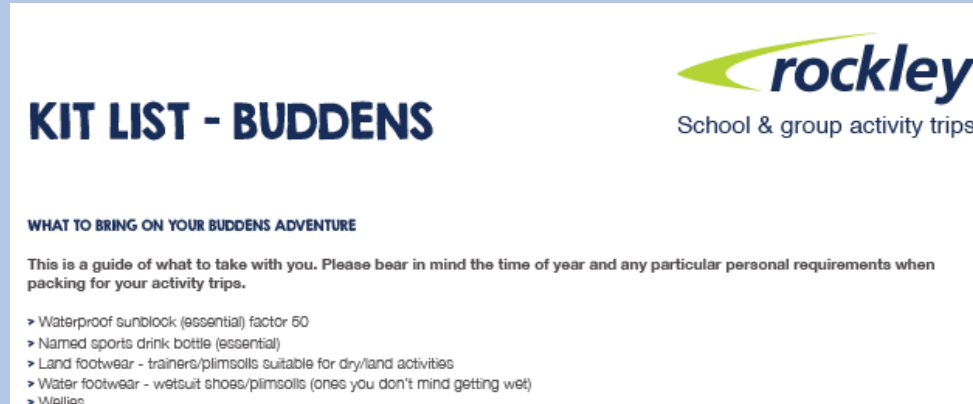
- Waterproof sunblock (essential) factor 50
- Named sports drink bottle (essential)
- Land footwear - trainers/plimsolls suitable for dry/land activities
- Water footwear - old trainers/wetsuit shoes/plimsolls (ones you don't mind getting wet)
- Sunglasses (with glasses strap, also essential for spectacles)
- Lightweight, rainproof jacket (for the occasional shower and evenings)
- Long-sleeved top/t-shirt & tracksuit trousers/jogging bottoms (1 pair)
- Sweatshirt/jumper
- Shorts
- Jeans/long trousers (1 pair)
- Large, sturdy plastic bag for damp/dirty clothing
- Sleeping bag (essential)
- Pillow & pillow case (essential)
- Rash vest (optional)
- Insect repellent
- Sun hat
- Small torch and batteries
- Towels
- Pyjamas/nightwear
- Wash kit
- Underwear
- Plate, bowl and cutlery
- Wetsuit (optional)
- T-shirts

Staffing

- A range of adults who will meet the needs of the children.
- Staff from the centre will lead the activities during the day however a member of staff will also be with each group.



Packing List and other Forms



- We will provide you with an additional copy of the suggested Packing List along with consent forms and medication forms
- The kit list is designed to give an idea of the kit the children will need to bring with them during their stay.
- We will be out and about in the great outdoors for much of our stay, so clothes that protect from the elements and that can get a bit muddy are recommended. All clothes must be suitable for purpose and as such, very short shorts, strappy tops and crop tops are not recommended.

Medication

- You will be provided with a medical form to complete and return to us before we travel.
- We ask everyone to complete the part referring to Calpol so we do not have to contact you for a simple headache.
- All medication **MUST** be in the original box and clearly named with the label/directions on it. Please check all medication is in date. This includes Hayfever and Travel Sickness tablets.
- All medication will be collected prior to departure.
- If your child needs an inhaler we ask for you to send 2 inhalers. One for the child to carry with them at all times and one we can look after in case one gets lost. Please let us know if you are not happy for your child to carry their own medication.
- Forms will be available on the day we leave for any medication, which has been prescribed over the weekend.



Do NOT bring:

- Any electrical items as there are no charging facilities for children.
- Any battery-operated games. A small torch is recommended.
- Any items found will be confiscated until return to school.
- Food or snacks

Tents

The children will be asked to give us a list of 3 or 4 children who they would like to be in a room or a group with. We will then endeavour to see that they are with at least 1 of their choices.



Dining Tent and General Tent

Breakfast, lunch and dinner are provided Tuesday – Thursday. With dinner being provided on Monday and breakfast and lunch being provided on Friday.

All food is cooked fresh in full industrial kitchen on site.

We also have our own tent which we can use between activities in the event of wet weather.



How can you help?

- Prepare them by looking at their website – link sent out on residential letter or google – Buddens Activity Centre
- Discuss previous achievements and similar experiences
- Involve them in each step.
- Encourage independence and organisation
- Teach your child to put on a pillow case and put their sleeping bag back in its bag.
- Ensure they can apply sun cream effectively
- Encourage them to try different food
- Make sure they can use a knife and fork properly and wash up!
- Make sure they are involved in packing their clothes, so they know what items are theirs, where things are in their suitcases and how to pack to come home. They are expected to carry their own suitcase to and from their accommodation.

Behaviour

- We expect the same standards of behaviour while we are away to the ones we have in school.
- Whilst we are away, we will continue to follow the Good to be Green system. The children will be warned if their behaviour is unacceptable the first time; if it continues then they will be given a blue card. If they do not change their behaviour, they will be given a yellow or red card and moved away from the activity they are doing for a set period of time. You will be contacted if your child's behaviour results in a card being given.



Key information

- Departure day – Time will be confirmed closer to the departure date.
- Any medication must be handed to the office - named and in its original packaging.
- Money – a maximum of £10 - must be in a named envelope and handed to Mr Passby.
- Arrival back at school will be confirmed but is expected to be around 4:00pm

Thank you!

Any Questions?