

# Buddens Activity Centre

Year 6 Residential - 3<sup>rd</sup>-7<sup>th</sup> June 2024



# Who are Rockley?

Rockley were established 1976

They have 3 UK activity centres

3 activity centres in South-West France

Rockley also offer:

RYA training and instructor courses

Rockley College - L2 and L3 Diplomas in Sport and Outdoors

Family holidays



# Location

Buddens Activity Centre lies in the heart of the historic and beautiful Isle of Purbeck and Jurassic Coast, boasting 96 acres of natural countryside, heathland, woodland and plantations. Buddens Activity Centre offers school groups the opportunity to explore the natural environment and take part in a once in a lifetime activity programme in a stunning setting.



# What's Included

- 3 meals per day
- Trip insurance via Endsleigh Insurance
- Full programme of activities
- Evening entertainments
- Accommodation
- All safety kit



# Arrival at Centre

- Welcome talk
- Introduction to Staff
- Run through centre safety
- Orientation tour
- First activity
- Unpacking and settling into camp



# Accommodation

- Bell tent accommodation – sleep up to 6
- Beds with mattress
- Toilet and shower block situated near to camp
- Each school has their own camp
- Each camp has their own marquee
- 96 acres to enjoy
- On-site catering





# Activity Programme

Buddens Activity Centre Centre - Activity Programme

Organisation Name: Earls Barton Primary School | Number Of Groups: 5 | Nights: 4 | Arrival Date: 14:00, 03 Jun 2024 | Departure Date: 11:00, 07 Jun 2024

Session	Time	Earls Barton Primary 1	Earls Barton Primary 2	Earls Barton Primary 3	Earls Barton Primary 4	Earls Barton Primary 5
<b>Monday 03 Jun</b>						
Mon	14:00 - 15:00	Arrival Talk/ Site Orientation				
Mon	15:15 - 16:45	Team Building - Rhodi	Tower - Climbing (1)	Mega SUP 1	Kayaking 1	Archery 1
Mon	19:00 - 20:00	Frisbee Golf				
Session	Time	Earls Barton Primary 1	Earls Barton Primary 2	Earls Barton Primary 3	Earls Barton Primary 4	Earls Barton Primary 5
<b>Tuesday 04 Jun</b>						
Tue	09:15 - 10:45	Archery 1	Team Building - Rhodi	Tower - Climbing (1)	Raft Build 1	Kayaking 1
Tue	11:00 - 12:30	Kayaking 1	Archery 1	Team Building - Rhodi	Tower - Climbing (1)	Buddens Challenge - Team 2
Tue	13:30 - 15:00	Mega SUP 1	Kayaking 1	Archery 1	Team Building - Rhodi	Tower - Climbing (1)
Tue	15:15 - 16:45	Tower - Climbing (2)	Mega SUP 1	Kayaking 1	Archery 1	Team Building - Rhodi
Tue	19:00 - 20:00	Wide Games 2				
Session	Time	Earls Barton Primary 1	Earls Barton Primary 2	Earls Barton Primary 3	Earls Barton Primary 4	Earls Barton Primary 5
<b>Wednesday 05 Jun</b>						
Wed	10:00 - 15:00	Lulworth Cove - Teacher Led / RWS Team to Chaperone	Lulworth Cove - Teacher Led / RWS Team to Chaperone	Lulworth Cove - Teacher Led / RWS Team to Chaperone	Lulworth Cove - Teacher Led / RWS Team to Chaperone	Lulworth Cove - Teacher Led / RWS Team to Chaperone
Wed	19:00 - 20:00	Wide Games 2				
Session	Time	Earls Barton Primary 1	Earls Barton Primary 2	Earls Barton Primary 3	Earls Barton Primary 4	Earls Barton Primary 5
<b>Thursday 06 Jun</b>						
Thu	09:15 - 10:45	Bellboat 1	Taskmaster - Team 1	HR - Crate Stacking	Stand Up Paddle boarding 1	Nightline 1
Thu	11:00 - 12:30	Buddens Challenge - Team 1	Bellboat 1	Taskmaster - Team 1	HR - Crate Stacking	Stand Up Paddle boarding 1
Thu	13:30 - 15:00	Tower - Crate Stacking	Buddens Challenge - Team 1	Bellboat 1	Taskmaster - Team 1	HR - Crate Stacking
Thu	15:15 - 16:45	Tomahawk Throwing 1	Tower - Crate Stacking	Buddens Challenge - Team 1	Bellboat 1	Taskmaster - Team 1
Session	Time	Earls Barton Primary 1	Earls Barton Primary 2	Earls Barton Primary 3	Earls Barton Primary 4	Earls Barton Primary 5
<b>Friday 07 Jun</b>						
Fri	09:15 - 10:45	Taskmaster - Team 2	Tomahawk Throwing 1	HR - Gauntlet	Buddens Challenge - Team 1	Bellboat 1

# Activity Safety

- AALS recognised centre
- Water activities – everyone wears a Buoyancy Aid
- All activity staff First Aid qualified
- All activities are lead by qualified instructors
- Equipment checked regularly by qualified staff
- Equipment records kept on PaperTrail
- Instructor : student ratios
- Activity safety equipment under guidance per activity
- Staff on duty 24 hours



# Day Out



Durdle Door/ Lulworth Cove



# Coastal Walk

This is a guide of what to take with you. Please bear in mind the time of year and any particular personal requirements when packing for your activity trips.

- > Waterproof sunblock (essential) factor 50
- > Named sports drink bottle (essential)
- > Land footwear - trainers/plimsolls suitable for dry/land activities and comfortable enough to complete coastal [walk](#)
- > Water footwear - wetsuit shoes/old trainers (ones you don't mind getting wet)
- > Wellies (only needed if the weather has been/is very wet)
- > Slip-on shoes/sliders/croc style footwear for showers/walking around camp (optional – but these will NOT be able to be worn for water sports)
- > Sunglasses
- > Lightweight, rainproof jacket (for the occasional shower)
- > Warm coat (for inclement weather only)
- > Long-sleeved tops/t-shirts & tracksuit trousers/jogging bottoms
- > Warm pyjamas (it will be cold at night so a onesie/extra blanket might also be a good idea)
- > Tee shirts
- > Sweatshirt/jumper x 2
- > Shorts
- > Jeans/long trousers
- > Large, sturdy plastic bag for damp/dirty clothing
- > Sleeping bag (essential)
- > Pillow & pillow case (essential)
- > Insect repellent (optional)
- > Sun hat (essential – instructors will insist on a hat for water sports)
- > Small torch and batteries (essential)
- > Towels x 2 (1 for water sports/one for showering)
- > Wash kit (no aerosols allowed on site)
- > Underwear
- > Wetsuit or extra old clothes for water activities

# Kit List

## **PACKING**

When packing for your trip we advise you use a soft bag/holdall no larger than 100cm x 40cm x 50cm. If you are packing your sleeping bag separately, please use a strong, clearly labelled plastic bag. **Please label ALL of your belongings.**

# Packing Essentials

We will be out and about in the great outdoors for much of our stay, so clothes that protect from the elements and that can get a bit muddy are recommended. All clothes must be suitable for purpose and as such, very short shorts, strappy tops and crop tops are not recommended.

## Every child must have:

- Sleeping bag and pillow (blanket also advised)
- Reusable water bottle
- Reusable lunchbox (with lunch in for Monday)
- Waterproof jacket
- Sun hat (no water activities without one)
- Set of old clothes (and water shoes/old trainers) for water activities

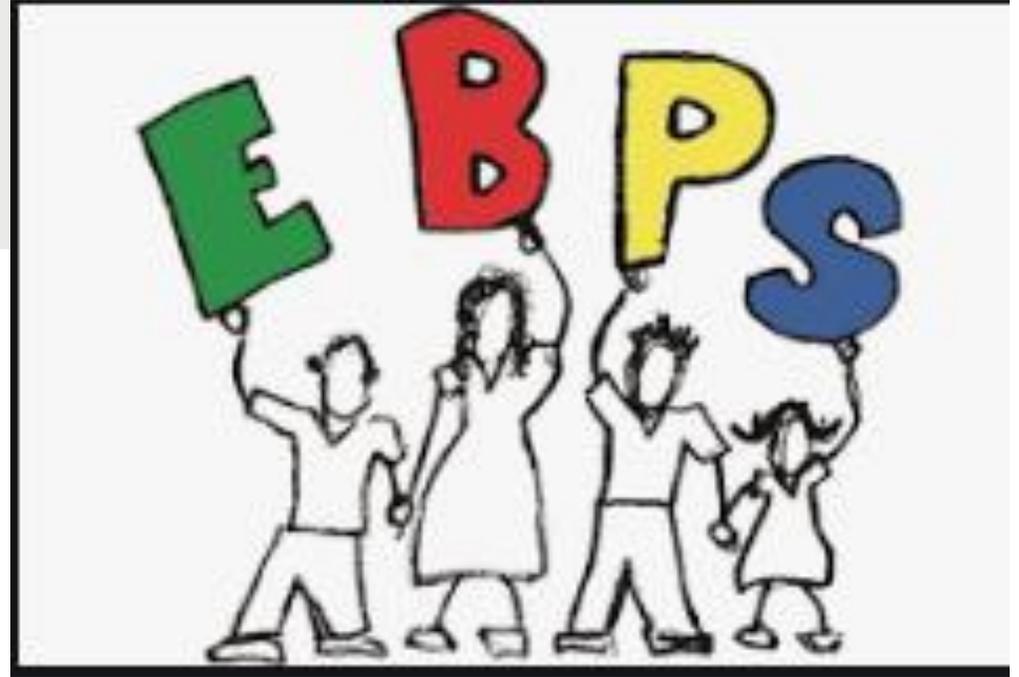


# Staffing

- **Confirmed Adults:**

Mrs Rees, Mrs Chapman, Miss Luca, Mrs Toms, Mr Stockham, Mrs Biggin

- Staff from the centre will lead the activities during the day however a member of staff will always be with each group.



# Medication

- You will be provided with a medical form to complete and return to us before we travel.
- All medication **MUST** be in the original box and clearly named with the label/directions on it. Please check all medication is in date. This includes hay fever and Travel Sickness tablets.
- All medication will be collected prior to departure.
- If your child needs an inhaler, we ask for you to send 2 inhalers. One for the child to carry with them at all times and one we can look after in case one gets lost. Please let us know if you are not happy for your child to carry their own medication.
- Forms will be available on the day we leave for any **last-minute** medication, which has been prescribed over the weekend.



**Do NOT  
bring:**

Any electrical items as there are no charging facilities for children

Any battery-operated games.  
A small torch is recommended

Food or snacks

Any items found will be confiscated until return to school

---

## Tents

---

The children will be asked to give us a list of 3 or 4 children who they would like to be in a tent or group with. We will then endeavour to see that they are with at least one of their choices.



# Dining Tent and General Tent

- Breakfast, lunch and dinner are provided Tuesday – Thursday. With dinner being provided on Monday, and breakfast and a packed lunch being provided on Friday.
- All food is cooked fresh in full industrial kitchen on site.
- We also have our own tent which we can use between activities in the event of wet weather.



# How can you help?

- Prepare them by looking at their website (google – Buddens Activity Centre, Wareham) particularly if they are feeling anxious.
- Encourage independence and organisation
- Teach your child to put on a pillowcase and put their sleeping bag back in its bag.
- Ensure they can apply sun cream effectively.
- Encourage them to try different food.
- Make sure they can use a knife and fork properly and wash up.
- Make sure they are involved in packing their clothes, so they know what items are theirs, where things are in their suitcases and how to pack to come home. They are expected to carry their own suitcase to and from their accommodation.
- Go through the behaviour charter with them; instructors will insist on respect and will need to know the children have listened carefully or they will not be able to take part in activities.



# Behaviour

Whilst away, we will continue to follow the Empowerment Approach to behaviour with coaching conversations.

The children will be warned if their behaviour is unacceptable the first time; if it continues then they will be asked to sit out of the activity/tent for a short period of time.

1. Reminder
2. Ready, Respectful, Safe Warning
3. Will need to sit out of the activity (at the discretion of teachers and activity leaders).

# Key information

- Timings – exact timings will be confirmed closer to the time, but we expect departure to be around 8am (children to arrive in school for 7.30am).
- Any medication must be handed to school office in advance - named and in its original packaging. Last minute meds to Mr Stockham on departure day.
- Money – a maximum of £15 - must be in a named envelope/wallet and handed to Mrs Biggin on departure morning.
- Arrival back at school will be confirmed but is expected to be around 4:00pm.



Any Questions?

